## SHORELINE

Skegness Group of Parishes: St Matthew, Skegness; St Clement, Skegness; St Mary, Winthorpe; SS Peter and Paul, Ingoldmells; St Nicholas, Addlethorpe

July 2016 Issue 9



## Who's Who in the Ministry Team

Rural Dean Canon Terry Steele

Rector in vacancy

Permanent Deacon Reverend Christine Anderson

Reader Linda Allaway

Reader Jean Smith
-assisted by our Lay Ministry Team, Churchwardens
and supporting our various Chaplaincies in the
Workplace, Hospital, Schools and
Families and Bereavement.

Parish Secretary Gwen Drury

Contacts: Parish Office open 9am – Noon Mon-Fri Tel: 01754 763875

email: info@skegness-anglican.org.uk web page: www.skegness-anglican.org

To book a baptism or a wedding, come to the Parish Office at St Matthew's Church on Wednesday 7.00pm - 8.00pm or on Saturday 10.00am - 11.00am

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### Would you like to place an advertisement in this magazine?

Over the next few months we hope to make a feature of the inside pages as advertising space. We would like it to be a directory for local businesses and trades people.

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## A Letter From Bishop Christopher

One of the many privileges of being Bishop of Lincoln is the joy of travelling round the beautiful counties of the diocese, discovering so many interesting places and meeting more inspirational and humbling people than I could ever number. During the month of July, I will be travelling much further than usual, however: to Fiji, to represent the Church of England at an international consultation. I will be one delegate among many from around the world, all of whom will be representing their part of the Anglican Communion. My fellow delegates and I will gather from dioceses and provinces as diverse as Brazil, The Philippines, Central Africa, The Indian Ocean, Aotearoa, New Zealand and Polynesia, and Jerusalem and the Middle East, as well as from England.

We meet as delegates of USPG, a mission agency that believes that every person and every community should be able to live a full life. I will be travelling right around the world to attend the consultation, and meeting partners who face very different challenges from our own. Many of them face daily struggles with the effects of climate (or climate change), geography, war, poverty or famine. Yet I am struck by how similar USPG's belief is to our own desire here in the diocese of Lincoln to see lives transformed through an encounter with the living God.

As members of the same human family across the world, all of us created and loved by God, we are united by so much more than the things that might divide us. I continue to pledge myself to do my part in the building up of God's kingdom in our diocese, so that all the members of this part of the human family have the opportunity of a full life, and to become the people that God has created them to be.

May God bless all his people, wherever they may be, and may the message of his love for the world continue to inspire us in the work of transformation to which he has called us.

## **Holidays**

For many, summer is the time for rest and relaxation. We try to take a break from the routine of life; we switch off the manic rushing around. If we can, we leave the chores in our homes and go somewhere else for a few days, or even weeks. There's still work to be done, but it's at a different pace. Although things are very busy at the moment here in Skegness, at some stage even I will have a few days away, since rest is as important as activity if we want to live rather than simply exist. Sometimes there doesn't seem time to stop and enjoy life.

The Bible tells us that God set the pattern and all we have to do is to follow it. He created the universe little by little – the sky, the oceans, all land mass and all living creatures. The point is that God didn't create everything at once; and when the world was complete, God rested. The trouble is we don't always put theories about rest into practice, and use holidays as a time to catch up.

Even holidays can be busy rather than restful; by the time we've packed, got there, not done everything we planned, come home, unpacked, finished the washing, we might be exhausted and needing a holiday!

In a modern Bible translation —"The Message" — Jesus says 'I will show you how to take a real rest; walk with me; learn the unforced rhythms of grace; keep company with me and you will learn to live freely and lightly'. I love that phrase 'the unforced rhythms of grace'. It reminds me that life is a gift and there can be unexpected delights. When I ask for God's help through prayer, tough conversations and certain situations are still not easy, but they are more manageable; and when I remember that God created the world and everything in it, I can relax and get on with my part.

I don't know if you've been away or you're planning a holiday, or even if holidays will feature for you this summer; but even if you have to keep going with the daily routine, at home or at work, I would encourage you to learn 'the unforced rhythms of grace' from the God who created us and the world around us, and who took a break to enjoy what he had done.

Reverend Christine Anderson

### **The New Rector of Skegness**

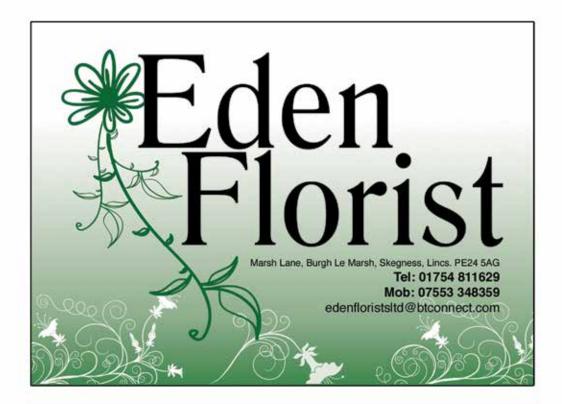
We are pleased to announce that it has been confirmed by the Archbishop of Canterbury, that the new Rector of the Skegness Group of Parishes will be the Reverend Richard Holden who is currently the Vicar of Old Clee.

Richard will be installed at St Matthew's Church Skegness, at an evening service on the 15th September 2016, presided over by the Bishop of Lincoln.

We look forward to greeting Richard and his wife Carol and welcoming them both at that service and pray for them as they prepare to serve God in Skegness.

I take the opportunity to thank all those who have worked so faithfully maintaining the Church's presence during a lengthy vacancy of nearly two years.

Terry Allaway Church Warden - St Matthews





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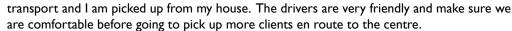
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## **My Day At Skegness Day Centre**

My name is Melvyn and I have been coming to Skegness Day Centre for 32 years. It started with two ladies twisting my arm into going, saying if I went they would. Well guess what I turned up but it took them another two years to join.

On my first day we had a day out to Nature Land because in those days we had a trip week in the summer when we went on various outings and we had sandwiches for lunch.

The Day Centre provides



Once at the centre we have a cup of tea or coffee with biscuits. As I am picked up early they also provide toast at a small charge. I enjoy this because I don't have breakfast. We then get a chance to do an activity. There are lots to choose from either in a group or on your own such as donkey derby, painting for the wall displays, cards, new age curling and quiz and card games. I like to play table skittles with my friends and I used to play dominoes. At about I I o'clock we have a fun quiz with ten questions with a,b,or c answers; the winner gets a bar of chocolate.

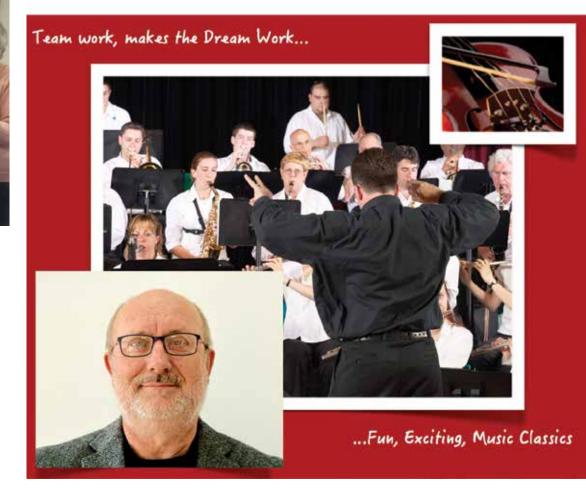
Lunch is three courses cooked on site daily. We can choose between soup or orange juice, there are normally two options for the main course and then either a hot or cold pudding, cheese and biscuits or ice cream for dessert.

After lunch on a Monday we all play new age curling. I really enjoy it and we have an ongoing competition to see which team wins. The rest of the week you can either play bingo or one of the other activities. I also enjoy sitting talking with my friends as I live on my own and apart from my carers I don't see a lot of people.

The atmosphere at the Day Centre is very relaxed and happy. The carers look after us very well and like to have a laugh and joke with us. They give me a lot of stick, which I enjoy and I give it back especially aggravating the manager, all in fun of course! They will try and help if you have a problem and for me they cut my finger nails as I can't do them myself. The ladies can have theirs painted if they want.

At the end of the day the transport staff are there to take me home. Door to door service and the drivers makes sure I am safely in my house and comfortable before they leave. In the 32 years I have been attending the Day Centre I have made a number of good friends, some have now sadly passed away. I look forward to Monday and Wednesday, my Day Centre days as I know I will have good company, a delicious meal and a fun day instead of being at home on my own.

## Skegness Community Orchestra



The Piano Academy is launching a brand new Community Orchestra in Skegness on Saturday 30 July between 10.00am and 12.00pm at the Skegness Community Hall, St Clements, Church Road North PE25 2QH. We are inviting adults and young musicians (aged 14+) to join us if they are keen music lovers. Players of all abilities are welcome to come and enjoy this fun new music class, which will be run by our musical director Grahame Baumber. Grahame will hold rehearsals on a monthly basis at the Skegness Community Hall. All musicians are required to bring their own instruments and a music stand to each rehearsal as instruments won't be provided.

During the launch there will be an opportunity to sign up to our annual membership which is £10.00. Rehearsal sessions will run for 2 hours and will be charged at £7.00 per person.

For more information please contact us on: 01754 763022 or visit our website: www.pianoacademy.org.uk/community-orchestra/

## **Happy Birthday Your Majesty!**

St Matthew's Church hosted a party to celebrate the Queens official birthday on the 10th June.

A large selection of cakes was enjoyed and a good time was had by all!





## **Skegness & District Dementia Support Group**

Coffee Morning
1st Friday In Every Month
The Methodidt Church Hall, Algitha Road, Skegness
10.00am til 12 noon
Tea/Coffee and Social Events

### Join The BBC Today!

Burgh Bowls Club (BBC) was formed in 1935 and continues today in the present clubhouse at the end of Jacksons Lane, Burgh Le Marsh where disabled toilets and new heating/air conditioning has just been installed.

I took up bowls and joined the BBC in 1997 when I retired and have found it an excellent way of keeping mentally and physically fit and well. Our members range in age from 16 - 80+, admittedly only one player is aged 16 but she brings our average age down a treat!

As you get older you need gentle exercise and a game of bowls certainly gives you that, with the added bonus of fresh air, maintaining eye to hand co-ordination, judging distance and speed and

looking for the right line on the green (perhaps the hardest to master).

You can either go on to play matches in the local leagues, which might bring out your competitive streak or just 'bowl socially' as it is known.

So if you are sitting around feeling bored and want a new interest in life, join the BBC today and make those new friends, take up that new interest, keep fit and maintain a healthier way of life and have fun doing it.

Beginners are welcome and training can be given. Terry Allaway – Chairman 01754 810507









## **Beach Ready!**

### Jo Wheeler

If I'm still picking up pine needles from the rug, then how can it be summer? But it is! I may not have caught up and the weather certainly hasn't but the calendar says it is July, and that is unequivocally summer whichever way you look at it. And the women's magazines are exhorting us to have beach ready bodies. What rot! My body is beach ready all year round. A stout pair of walking boots, a pocketed waterproof and I'm ready to go - January through December. Bikini ready? Now that's a different story. Frankly I would advocate against bikinis at my time of life, for fear of frightening the horses. But there aren't many beaches that allow horses and therefore the excuse grows thin.

It wasn't really with this in mind that I attended the gym last week. I just felt a bit wibbly wobbly and thought I might do

in the back of my mind was my mother's formula. Accepted she is much better with words than maths, but this one has the ring of truth to it. The value of anything is the cost divided by its usage. In other words, a 200 pound pair of jeans is good value if you wear them every day for five years. By that yardstick, my gym membership is gold plated. Seriously, I should have luxury robes and buffed gents attending to my every need for the amount recent visits to the gym must have cost me. Because they have been few and far between. Let's be honest here, the gym membership itself is very reasonable, providing you go regularly. If, however, you promise yourself that you WILL go, but don't, then every individual visit carries a fairly hefty price tag! But hey, I'm sort of fit! I walk my dogs every day, which according to my phone (how sad that I know this), amounts to about four miles. So, it was with some degree of confidence that I took advantage of the 'free' monthly session with a personal trainer. For the first time. He was young, fit and toned. Let me explain. He was a third of my age, half my weight and carried less fat than a weight watchers weekend blowout! That might have been half my age, a third of my weight and less fat than the gravy I make on a Sunday. It's irrelevant. Suffice to say he had a nice line in dodgy timing and a smile to go with every torture. I'm sure it's what personal trainers do, and he was only following orders.

better with some directed exercise. But



Well, I'm no quitter and I was going to do whatever he asked me - whatever the cost. The cost however was high. And there was a brief moment when I espied a discarded pair of boxing gloves that I believed might afford me the retaliation I so desperately yearned for. In the brief moment in which that thought crossed my mind, he informed me that he had been the north-west champion boxer in his younger days. YOUNGER DAYS! What was this, toddler Oueen's rules extension pack? Or did he lay out Tigger, Piglet, Roo and Pooh as they lazily circumnavigated his Moses basket? I wasn't about to find out - fixed a grin (death grimace) to my face and carried on burpee-ing and sprint rowing until the school finish dictated an end to my torture. (Did I manufacture

this foreshortening by turning up late? I did not).

What Master Callum does not know - and must never know, is that for the ensuing four days, I needed help to sink into an easy chair, or any other seated position, such was the pain in my poor unexercised muscles. Places where I never even knew I had places. For the first time in my life, I was not only beach unready, I was utterly beach incapable. At the current rate of recovery, I reckon I'll be able to face the gym again in September, hiding behind the running machines to avoid bumping into Callum. In the meantime, I shall lower my sights a little, declare myself 'garden ready' and lie down in the sunshine! Happy summer!



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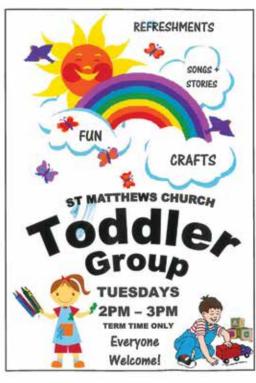
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# Sudoku Time

Can you take on our Sudoku?
Look out for the solution in our next issue.

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Here is the solution to last months crossword.









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## **Community Diary Dates July 2016**

We hope you are enjoying reading Shoreline each month. We are working to improve the magazine each month and we would appreciate any feedback from you.

Each month we show the Church Diary Dates. We would like to have a page of Community Diary Dates but we need you to tell us those dates. If you know of any event that is happening in the area please do let us know so that we can add it to the diary. The more people who know the more support you will get at your event!

## **Community Diary Dates**

12th August 9.30 am – 2.30 pm League of Friends of the Skegness

Hospital is having a Tombola stall at the Hildreds Shopping Centre

### The Silver Band will play at the following venues

13th August 2 pm - 4 pm the Bandstand, Tower Gardens

## **Church Diary Dates July 2016**

Friday 1st	10.00 am - 12 noon St Matthew Skegness, Pop in for a coffee and a chat
Saturday 2nd	10.00 am - 1.00 pm St Peter & St Paul Ingoldmells, Pop in for a coffee and a chat
Sunday 3rd	9.30 am St Matthew Skegness service of Holy Communion
Sunday 3rd	11.00 am St Mary Winthorpe service of Holy Communion
Sunday 3rd	11.00 am St Peter & St Paul Ingoldmells service of Holy Communion
Tuesday 5th	10.30 am St Clement Skegness service of Holy Communion
Tuesday 5th	2.00 pm – 3.00 pm St Matthew Skegness, Toddlers Group
Wednesday 6th	10.45 am St Peter & St Paul Ingoldmells service of Holy Communion
Wednesday 6th	10.00~am - 1.00~pm St Peter & St Paul Ingoldmells, Pop in for a coffee and a chat
Friday 8th	10.00 am - 12 noon St Matthew Skegness, Pop in for a coffee and a chat
Saturday 9th	10.00~am - 1.00~pm St Peter & St Paul Ingoldmells, Pop in for a coffee and a chat
Saturday 9th	$4.00\ pm-6.00\ pm$ St Matthew, Messy Church. Come along and enjoy yourself
Sunday 10th	9.30 am St Matthew Skegness service of Holy Communion

## **Church Diary Dates July 2016**

Sunday 10th	11.00 am St Nicholas Addlethorpe service of Holy Communion
Sunday 10th	11.00 am St Clement Skegness service of Holy Communion
Tuesday 12th	10.30 am St Clement Skegness service of Holy Communion
Tuesday 12th `	2.00 pm – 3.00 pm St Matthew Skegness, Toddlers Group
Wednesday 13th	10.45 am St Peter & St Paul Ingoldmells service of Holy Communion
Wednesday 13th	10.00 am - 1.00 pm St Peter & St Paul Ingoldmells, Pop in for a coffee and a chat
Wednesday 13th	2.00 pm – 4 pm St Matthew Church, Skegness, Omega meeting
Friday 15th	10.00 am - 12 noon at St Matthew Skegness, Pop in for a coffee and a chat
Saturday 16th	10.00 am - 1.00 pm St Peter & St Paul Ingoldmells, Pop in for a coffee and a chat
Sunday 17th	9.30 am St Matthew Skegness service of Holy Communion
Sunday 17th	11.00 am St Peter & St Paul Ingoldmells service of Holy Communion
Sunday 17th	11.00 am St Mary Winthorpe service of Holy Communion
Tuesday 19th	10.30 am St Clement Skegness service of Holy Communion
Tuesday 19th	2.00 pm – 3.00 pm St Matthew Skegness, Toddlers Group
Wednesday 20th	10.45 am St Peter & St Paul Ingoldmells service of Holy Communion
Wednesday 20th	10.00 am - 1.00 pm St Peter & St Paul Ingoldmells, Pop in for a coffee and a chat
Thursday 21st	2 pm New Horizons, St Clements Community Hall, Skegness
Friday 22nd	10.00 am - 12 noon at St Matthew Skegness, Pop in for a coffee and a chat
Saturday 23rd	10.00 am - 1.00 pm St Peter & St Paul Ingoldmells, Pop in for a coffee and a chat
Sunday 24th	9.30 am St Matthew Skegness service of Holy Communion
Sunday 24th	11.00 am St Clement Skegness, service of Holy Communion
Sunday 24th	11.00am St Peter & Paul Ingoldmells – Service of Holy Communion
Sunday 24th	2.30 pm St Peter & St Paul Ingoldmells, Songs of Praise
Tuesday 26th	10.30 am St Clement Skegness service of Holy Communion
Wednesday 27th	10.45 am St Peter & St Paul Ingoldmells service of Holy Communion
Wednesday 27th	10.00~am-1.00~pm St Peter & St Paul Ingoldmells, Pop in for a coffee and a chat
Friday 29th	10.00 am - 12 noon at St Matthew Skegness, Pop in for a coffee and a chat
Saturday 30th	$10.00~\mathrm{am}-1.00~\mathrm{pm}$ St Peter & St Paul Ingoldmells, Pop in for a coffee and a chat
Sunday 31st	10.00 am St Matthew Skegness service of Holy Communion (Group Service)



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